

WEED UNION ELEMENTARY SCHOOL DISTRICT

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Weed Union Elementary School District Wellness Policy

The Board of Trustees recognizes the link between student health and learning and desires to provide a comprehensive program promoting healthy eating and physical activity for district students.

To this end the Board adopted policy BP 5030 which:

- Outlines goals for a nutrition education program that is based on research, is consistent established state curriculum, frameworks, and is designed to build skills and knowledge that all students need to maintain a healthy lifestyle.
- Provide a nutrition education program that includes, but is not limited to, information about the benefits of healthy eating for learning, disease prevention, weight management, and oral health.
- Integrate, as appropriate the health education program into other academic subjects in the regular educational program, after-school programs, and school garden programs.
- Prohibits the marketing and advertising of non-nutritious foods and beverages through signage, vending machine fronts, logos, scoreboards, and school supplies, advertisements in school publications, coupon or incentive programs, free giveaways, or other means.
- All foods and beverages sold to students at district schools should support the health curriculum and promote optimal health.
- Encourages school organizations to use healthy food items or non-food items for fundraising purposes.
- Encourages parents/volunteers to support the district's nutrition education program when selecting any snacks which will be donated for the occasional class celebration.
- Commits to class parties or celebrations being held after the lunch period whenever possible.

For a complete text of the WUESD Wellness Policy
please contact your local school or the District Office
ask for BP 5030 (approved 03/14/2019)